



STONEBURNER ACUPUNCTURE, LLC

Erin K. Stoneburner, LAc, MSOM

Informed Consent for Acupuncture & Oriental Medicine

I, _____, voluntarily and knowingly, give my consent and authorization to Erin K. Stoneburner, LAc to treat me with acupuncture and other Oriental medicine therapies. I will be open to discussing my current and past medical conditions and treatments with my acupuncturist to help her create a complete picture of my state of health. I have the right to discontinue or refuse treatments at any time. I understand that all information I disclose will be kept confidential, in accordance with current HIPPA regulations.

Acupuncturists are not primary care providers in the state of Oregon. Erin recommends that patients have and maintain a regular primary care physician (PCP) during their course of treatment. I understand that Erin may request medical records from my PCP or other Western physician.

The following Oriental medical modalities may be used in your treatment exclusively or in combination with one another: Acupuncture is performed by inserting needles into the skin and flesh at various points on the surface of the body. All acupuncture needles are sterile, single-use needles. The needles are inserted into a specific set of acupuncture points that your practitioner has selected for your personalized treatment. If at any time you feel discomfort or pain, please tell your practitioner so that she may adjust the treatment or needles. There may be occasional adverse effects such as: local bruising, minor bleeding, fainting, pain or discomfort, or the possible aggravation of symptoms existing prior to acupuncture treatment and, very rarely, a lung puncture (pneumothorax).

Moxibustion (direct or indirect) is a form of heat therapy. The mugwort plant is processed into different forms, and these products are smoldered on or over the body. This therapy does create small amounts of smoke, so if you are very sensitive to smoke please let your practitioner know. It may be used along with acupuncture or by itself in a treatment. There is a slight risk of burning or scarring. Cupping is an old Chinese technique of using glass or plastic cups that are suctioned to the body. The suction is created when a flame is placed into the upside-down cup and then quickly removed as the cup is placed onto the body. Cupping can be used for many symptoms that range from coughing to tight muscles. You may experience a deep red to purple skin discoloration that may turn into bruising and can last up to 1 week. Please inform anyone that might see these marks that they are the result of a medical treatment.

Gua Sha has similar effects as cupping but is administered by a scraping technique with a ceramic soup spoon or carved piece of jade or buffalo horn. You may get skin discoloration with this technique as well.

Bleeding is a procedure that releases heat and toxins from the body. Using a lancet, a small area on the body is pricked to remove a few drops of blood.

Electro-Acupuncture may be used along with standard acupuncture. Cords from a battery powered estim machine are connected to acupuncture needles, and a small electric pulsation is administered to the needles. Certain adverse reactions include: slight electrical shock, pain or discomfort, and/or the possible aggravation of pre-existing conditions.

Body work may include Zen Shiatsu, Tuina, So Tai, or Acupressure. Certain adverse reactions include: muscle soreness and the possible aggravation of pre-existing conditions.

Aromatherapy incorporates herbal essential oils to compliment and enhance your treatment. There may be adverse effects such as: sensitivity to smells, redness, skin irritation, or a stinging sensation.

Chinese Herbs may be administered internally as nutritional nourishment in bulk, granule, powdered, tincture, or tea-pill forms, and/or topically as liniments or salves. Herbs are recommended to help increase your treatment potential. Possible adverse effects include: changes in bowel movements, abdominal pain or discomfort, and the aggravation of pre-existing symptoms.

Contraindications & side effects in acupuncture and oriental medicine are rare and usually mild. If you do experience any adverse side effects please let your practitioner know immediately. There may be a chance you will feel an aggravation of symptoms directly after treatment but this usually dissipates within a couple of days. **Please let your practitioner know if you currently have any of the following conditions: are pregnant or are trying to get pregnant; are prone to seizures; have a heart condition; have a pace maker or valve replacement; or have problems with blood clotting and are on a blood thinning medication.**

Financial Policy: I understand that payment is due at the time of service and I will comply with this policy. Upon request, my acupuncturist will give me an insurance super-bill after each treatment.

Insurance claims: Stoneburner Acupuncture bills insurance policies as a courtesy. Please understand that for one reason or another, insurance companies will not always reimburse the full cost of treatments. In these situations, the patient will be responsible for the balance of unpaid claims.

Cancellation: In the event of an emergency, I will give as much notice as possible if I need to cancel my scheduled appointment. **A same-day appointment cancellation or no-show may result in a 50% charge of your scheduled appointment fee.**

Patient signature: _____ **Printed**
Name: _____ **Date:** _____

Parent/ Guardian: _____
Printed Name: _____ **Date:** _____